

Reversed Lunch Survey Results

January 22, 2010

Division 1

Reversed lunch YES = 75 NO = 69

+++++

Division 2

Reversed lunch YES = 66 NO = 83

Student Totals

Reversed lunch YES = 141 NO = 152

Comments for supporting the reversed lunch (number behind comment represents how many similar comments were made)

- No stomach cramps - 10
- Eat better when it is time to eat – 7
- Class seems more calm when we play first – 6
- Get fresh air after working in class (fresh air) – 4
- I eat slower because I do not rush to go outside to play – 3
- Play first and then I'm ready to eat – 3
- Reading time (DEAR) is much quieter and the class is calmer - 3
- Works better for home students returning to school - 2
- Hot lunch is better when you come in from outside
- Likes reading without being tired

Comments for supporting the traditional lunch

- Too hungry by eating time - 18
- Just like the old way – 6
- Not as much time to eat (coming in & getting clothing off) – 5
- I get energy to play - 4
- Burn off the food I eat – 2
- Getting milk before clubs a bit harder
- Recycling goes into DEAR
- Spoils appetite if a snack is eaten first

+++++

Parents

Reversed lunch YES = 64 NO = 11

Comments for supporting the reversed lunch

- My children actually eat their lunch – 17
- Build up an appetite and then are more focused for learning – 16
- Transition to learning/school is better - 11
- Child eats properly as they are not rushing to go outside – 11
- No more stomach aches - 11
- My kids like it! – 7
- Less or no lunch coming home – 6
- Blow off steam first which is important for my child – 7
- Great to see some risk/different ideas being done at the school - 2
- Great for hot lunch
- Would like to see initiative go 2 years for before changing back
- Teachers should remind children to have a snack at morning recess
- Very progressive idea!

Comments for supporting the traditional lunch

- My child is hungry - 10
- Need to burn calories after they eat – 3
- Too much time is apparently lost with taking off winter clothing and then going to eat - 2
- No preference as a parent. My child wants lunch back, “just because” - 2
- My lunch hour does not co-ordinate with the school’s reversed lunch
- Not the way we eat in our home (snacks & treats come after lunch)

Share results:

 X School Council

 X February newsletter

 X School website