

# PARENTAL CONTROLS

*Cyberworld Handout*



**bark**  
#1 ONLINE CHILD SAFETY APP  
powered by advanced technology, trusted by parents and schools

**Spyzie**

**Qustodio**

**KidLogger**

**Families**

**Kaspersky Safe Kids**  
EASY, SECURE, SMART PARENTAL CONTROL APP

**Google Family Link**

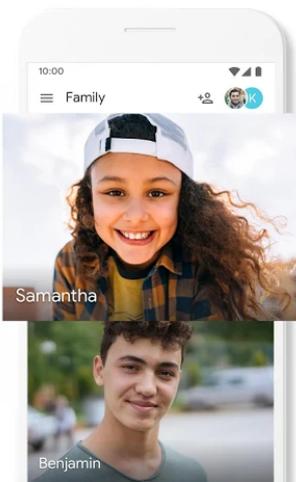
**Shaw) BlueCurve Home**  
Pause WiFi to any connected device

**LEARN MORE ABOUT:  
GOOGLE FAMILY LINK  
APPLE PARENTAL CONTROLS  
KIDLOGGER  
KASPERSKY  
BARK  
& MUCH MORE**

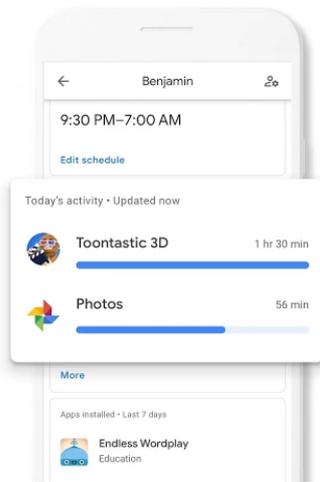
# GOOGLE FAMILY LINK - FREE

FamilyLink offers many different ways to monitor your child's phone (and it's free to use!) To set it up, you download the "Google Family Link for parents" app from whichever app store you use. The process takes a few minutes, and requires that your child has a Gmail account and that you have your child's device with you. Once it's set up, Family Link offers all the features shown below:

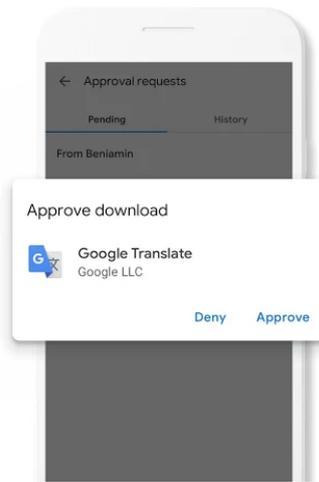
Supervise your child's Google Account



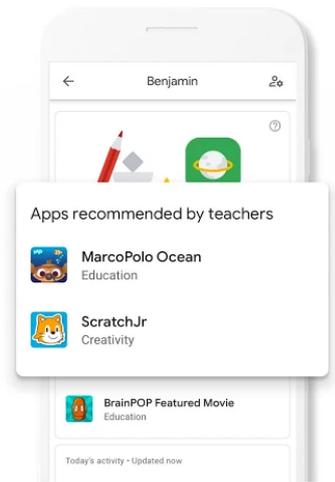
Guide them to good content



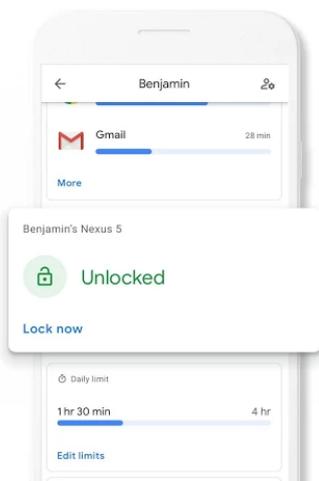
Manage the apps they can use



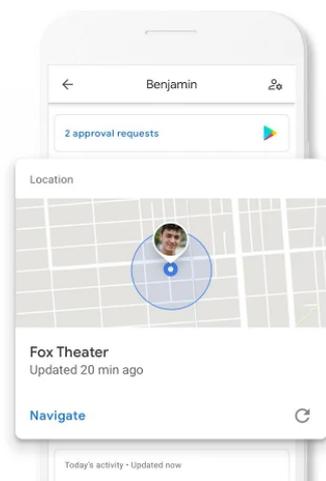
See teacher-recommended apps



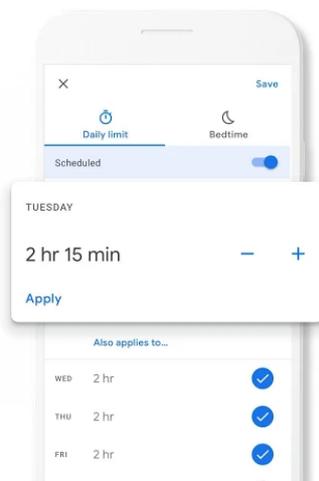
Lock their device



See their device location



Set screen time limits



No cost.

# APPLE FAMILIES - FREE

As long as you have Apple devices, you have access to Apple's different parental controls. They include a feature that enables a special password so that your kids can't change the settings you put in place. Detailed instructions on how to enable all the different options is available here: <https://www.apple.com/ca/families/>

## Use parental controls on your child's iPhone, iPad, and iPod touch

With Content & Privacy Restrictions in Screen Time, you can block or limit specific apps and features on your child's device. You can also restrict the settings on your iPhone, iPad, or iPod touch for explicit content, purchases and downloads, and privacy.

Set Content &  
Privacy Restrictions

Prevent iTunes &  
App Store purchases

[Allow built-in  
apps and features](#)

Prevent explicit content  
and content ratings

Prevent web content

Restrict Siri  
web search

Restrict Game Center

Allow changes to  
privacy settings

Allow changes to  
other settings and features

No cost.

# KIDLOGGER - FREE & PAID VERSIONS

"This free parental control software not only tracks what your children type and which websites they visit – it also keeps a record of which programs they use and any screengrabs they take. If you're concerned about who your kids might be talking to online, there's even a voice-activated sound recorder. If your children are a little older and more responsible, you can pick and choose which options to monitor and give them a little privacy. The free software only covers one device and lacks some of the sneakier features of the premium editions (including silent monitoring of WhatsApp conversations and the ability to listen to Skype calls), but it's still a well-rounded tool if you're concerned about your kids' safety." - **from TechRadar Pro**



### Web history monitoring

Monitor internet usage and log all visited websites. It works with Internet Explorer, Chrome, Firefox, Opera, Safari.



### Time tracking

Allows to know the actual time your kid spent working on the PC or Mobile phone.



### USB drives, CD/DVD usage

Log all USB flash drives, external HDD's and other devices connected to PC. Prevent data leak.



### Record keystrokes

Keylogger feature allows viewing keystrokes and texts entered on the computer. It also records the text copied into the clipboard(Windows).



### Screenshots

Periodically captures computer screen, and you can view them online. Also makes screenshot when user types a keystroke that includes a keyword for Windows and macOS.



### Used files & folders

Records the names of folders and documents that user opens most of the time.



### Monitor messengers

Monitor chats and messengers logs on tracked device: Facebook, Viber, Skype, Kik, WhatsApp etc. Also, it makes the screenshots every 15 sec during Skype video conversations.



### Most used Applications

Tracks used applications on PC, Mac and Android. You can prevent use of unsuitable software. Displays the most used applications by time.



### E-mail reports

You may schedule email reports from each computer. [Learn more about KidLogger.](#)

**Kidlogger Standard**  
US \$29/year

**Kidlogger Professional**  
US \$89/year

# KASPERSKY SAFE KIDS - FREE & PAID VERSIONS

"The free edition [can] prevent your kids seeing inappropriate content online, plus app controls that let you manage app use by time used, age restrictions, and category (if you don't want your kids playing games on a school night, for example). There's also a screen time management tool to help you control overall device use. The paid version adds more mobile-specific features, including a battery tracker so you can see if your kid's phone is about to go flat, leaving them without a way to contact you. You can also keep an eye on their location with GPS tracking, manage their social media use, and receive real-time alerts if they visit websites they shouldn't or leave a pre-defined 'safe' area." - from **TechRadar Pro**

	Kaspersky Safe Kids Free	Kaspersky Safe Kids Premium
 <b>ONLINE CONTENT FILTER</b> Protect your kids from inappropriate websites and content*	✓	✓
 <b>SAFE SEARCH IN YOUTUBE</b> <small>new</small> Block your kids' YouTube search requests deemed harmful**	✓	✓
 <b>APPS USAGE CONTROL</b> Manage app use by time used, age restrictions or category*	✓	✓
 <b>SCREEN TIME MANAGEMENT</b> Manage the amount of time your kids spend on their devices*	✓	✓
 <b>SCREEN TIME SCHEDULING</b> Set up exact time periods when screen time should be limited by device*		✓
 <b>GPS CHILD LOCATOR</b> See where your kids go on a map & set a safe area for them to stay in		✓
 <b>BATTERY TRACKER</b> Get notified when your kids are low on battery so you don't lose touch		✓
 <b>YOUTUBE SEARCH HISTORY</b> <small>new</small> Discover your kids' interests by viewing their YouTube searches**		✓
 <b>REAL-TIME ALERTS</b> Get alert if kids try to access bad sites & apps, leave safe area & more		✓

CAD \$18.99/year

\*One of the more affordable options, but may only be available for one device.

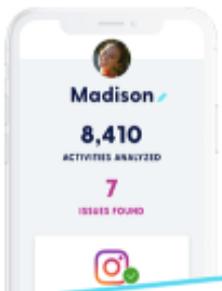
# BARK

The "Bark - Monitor and Manage Your Kids Online" is another great app, available on the Apple App Store and Google Play Store. To start, you set up a parent account on their website, bark.us. Here you choose which payment plan you'd like, enter your kids names and ages, and select what devices, email accounts, social media apps and browsers they use. Then you connect each of your children's account with Bark, which requires their usernames and passwords or inviting your child to connect to Bark from their devices. They encourage talking openly and honestly with your child about Bark (which we love) and note that it may take some time to set up every connection.



## Monitor

Connect to 30+ platforms to monitor text messages, emails, and social activity for signs of harmful interactions and content. [Click here for an overview of what Bark monitors.](#)



## Detect

Get automatic alerts via email and text when Bark's algorithms detect potential risks, so you don't have to comb through every post and text.



## Alert

Our expert recommendations make it easy for parents to talk to kids about digital dangers and other sensitive online issues.

**Bark Jr.**  
**\$5/mo or \$49/yr**  
 Manage screen time  
 Website filters  
 location check-ins

**Bark**  
**\$14/mo or \$99/yr**  
 Includes what Bark Jr. offers plus monitoring and alerts

**Prices are in US dollars unless otherwise noted.**

# SPYZIE

One of the most 'invasive' of all the options, Spyzie allows you to see pretty much everything on your child's device. There are two parts to Spyzie; the parent account that you create, and the monitoring app you install on their phone. You will need physical access to your child's phone for this. Once the service is activated, the app icon will be deleted automatically. It will work in stealth mode, and your child will not know that you can see their phone.

 <p><b>WhatsApp</b> Check All Messages on WhatsApp <a href="#">Learn More &gt;</a></p>	 <p><b>Screenshots</b> View The Target's Screen with A Simple Click <a href="#">Learn More &gt;</a></p>	 <p><b>Call Log</b> Get Access to The Detailed Call Log of Target Device <a href="#">Learn More &gt;</a></p>
 <p><b>Messages</b> Check All The Text Messages on Target Device <a href="#">Learn More &gt;</a></p>	 <p><b>Data Export</b> <span>New</span> Export and View All The Monitored Data <a href="#">Learn More &gt;</a></p>	 <p><b>Alert</b> <span>New</span> Get Sensitive Information Alert Automatically <a href="#">Learn More &gt;</a></p>
 <p><b>Location</b> Always Keep Track on Target's Location <a href="#">Learn More &gt;</a></p>	 <p><b>Keylogger</b> Automatically Record All The Input Information <a href="#">Learn More &gt;</a></p>	 <p><b>Messenger</b> Check All Messages on Facebook Messenger <a href="#">Learn More &gt;</a></p>
 <p><b>Browser History</b> Read The Browsing History of Target Device <a href="#">Learn More &gt;</a></p>	 <p><b>Timeline</b> <span>New</span> View All Phone Activities at A Glance <a href="#">Learn More &gt;</a></p>	 <p><b>Photos</b> Monitor All Pictures on Target Device <a href="#">Learn More &gt;</a></p>
 <p><b>Instagram</b> Read All Messages and Photos on Instagram <a href="#">Learn More &gt;</a></p>	 <p><b>Snapchat</b> Check All Messages and Photos on Snapchat <a href="#">Learn More &gt;</a></p>	 <p><b>Contacts</b> Browse The Target Device's Contact List <a href="#">Learn More &gt;</a></p>

Spyzie offers 2-3 different payment options, with the more expensive options offering more features. The Basic version does not include tracking of most popular social media apps. The Pro version will include many more apps and features, while the Ultimate includes every service that Spyzie offers. The only difference between Pro and Ultimate is that Ultimate includes Timeline, Alert, and Data Export.

**Basic: \$40/month**  
**Pro: \$50/month**  
**Ultimate: \$60/month**

Note: the Basic option is only available on Android devices.

**Prices are in US dollars unless otherwise noted.**

# QUSTODIO

Qustodio offers a lot of monitoring options for parents, as you can see in the breakdown below. One positive of Qustodio is that, unlike Spyzie, every payment plan has access to ALL of the features listed below. The difference in price comes from the amount of devices you can monitor, which range from 5-15. (There is also a free version, but it only offers basic protection features for a single device.) There are two parts to Qustodio; the parental monitoring app that you download on your phone or computer, and the app that you must install on your child's device. Qustodio also works across a range of operating systems including iOS, Android, Windows, Mac and even Kindle.



## Extended reporting

Receive a full 30 day breakdown of your child's activity directly in your inbox on a daily or weekly basis.



## Basic Protection

Qustodio's world-class web filtering engine, time limits, and reporting features.



## Time limits by device

Easily set a time schedule or limits for how much internet time is allowed each day.



## Games & Apps blocking

Decide which games and applications can be used and when.



## YouTube Monitoring Beta NEW!

See what your child searches for and watches on the YouTube Android app and YouTube website. Android, Windows, and Mac devices only.



## Advanced Facebook Monitoring

View status updates, pictures, friends, and more on social networks.



## Call Tracking and Blocking for Android

See who your child calls most and block unwanted numbers on Android.



## Track SMS for Android

See who your child texts most and read text messages.



## Family Locator NEW!

See where your child has been and know they are safe now. Available for Android and iOS devices only.



## Panic Button for Android

Adds an SOS button to your child's Android smartphone that sends you location-based alerts when there's trouble.



## Priority Support

To help you get set up with Qustodio and answer your questions.

Small Plan (5 devices): \$55/yr, or \$5/month

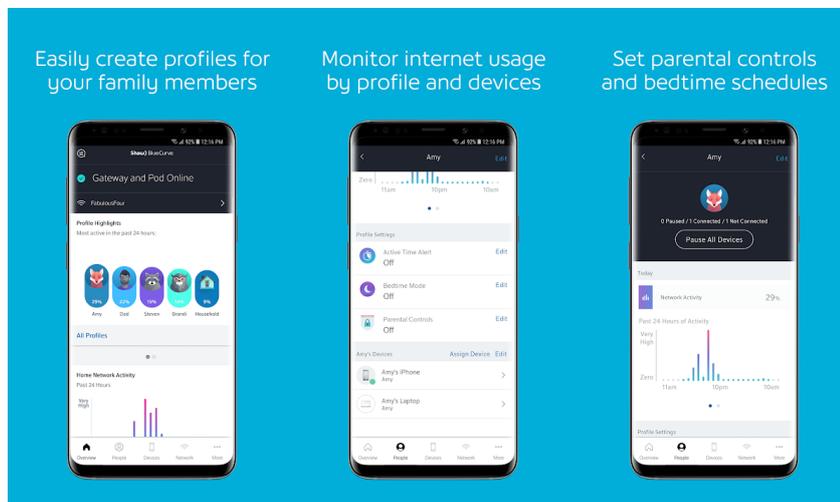
Medium Plan (10 devices): \$97/yr, or \$8/month

Large Plan (15 devices): \$138/yr, or \$12/month

Prices are in US dollars unless otherwise noted.

# SHAW BLUECURVE HOME

Note: This is only available to Shaw Internet customers who have a BlueCurve Gateway. BlueCurve can give you full control of your wifi network and devices that connect to it. The BlueCurve Home app lets you see who is online, set schedules by users and devices, monitor usage, and turn your Wifi on and off. Profiles let you manage how and when people can connect to your network. Parental Controls let you block inappropriate content, while Bedtime Mode keeps your kids' devices offline at night. You can also set other times for the Wifi to be off; for example, at dinner time, if you don't want your kids on their phones. You can even block a video game console (like an Xbox) from connecting online without affecting your device's wifi. However, all the controls you set will only work if your child's devices are connected to your home Wifi network.



BlueCurve is available on both of these plans. The only difference between them is the speed of the Wifi you're getting. Internet 300 will give you a download speed of 300 mbps/second, while 600 will give you 600 mbps/second.

Internet 300: \$55/month  
 Internet 600: \$60/month  
 (These prices are in CAD.)

## OTHER OPTIONS



Net Nanny  
 Symantec Norton Family Premier  
 Clean Router  
 Wondershare FamiSafe

(From PCMag's "Best Parental Control Software for 2019")

# PARENTAL CONTROL ROUTERS

From "The 10 Best Parental Control Routers of 2020"

If you have WiFi at home, you definitely have a router. These provide internet connection for your home, and many routers now come with features such filtering content and setting time limits for certain users . Most come with a handy app so that you can control all this from your own phone!

Best Overall / Asus RT-AC88U at Amazon

Best for Performance / Gryphon Secure Mesh System at Amazon

Best Coverage / Eero Pro at Amazon

Best Budget / Linksys EA7300 at Amazon

Best Mini / Router Limits Mini at Amazon

Best for All Ages / Circle Home Plus at Amazon

Best for Simplicity / Koalasafe Dome at Amazon

Best for Smart Home / Netgear Nighthawk R7000 at Amazon

Best for Privacy / Syfer Unlimited Smart VPN Router at Amazon

Best for Multiple Devices / Netgear Nighthawk R8000P at Amazon

Source: <https://www.lifewire.com/best-parental-control-routers-4160776>

Price: Varies from around \$100 to \$600 CAD

I encourage you to search the link above and read the full reviews for each product, so that you can decide which router (if any) will work the best for your family.